

G-SHOCK MOVE



Bluetooth



GBDH2000

**MULTI-SPORT GPS
+ HEART RATE MONITOR**

GBDH2000

TOUGHNESS FOR WORKOUTS



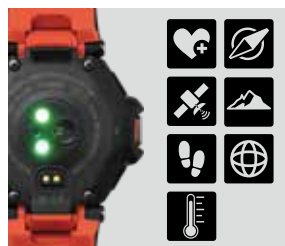
GBDH2000-1A
\$399
Charging cable included



GBDH2000-1A9
\$399
Charging cable included



Function



**6 SENSORS + GPS FUNCTIONALITY
TRACKS PHYSICAL ACTIVITY IN
REAL TIME.**

- Optical Heart Rate Sensor
- Compass
- Altimeter/Barometer
- Accelerometer
- Gyroscope
- Thermometer

MULTI-SPORT FUNCTIONALITY

The watch supports eight different activities, including running, biking, and swimming. Select an activity with the touch of a button to track and display a variety of measurements in real time

Running, walking, trail running

- Distance, speed, time, pace
- Heart rate, calories burned, etc.

Biking

- Distance, speed, time
- Altitude, road gradient
- Heart rate, calories burned, etc.

Open water swimming, pool swimming

- Distance, time
- Calories burned, etc.

Gym workouts, interval training

- Time
- Heart rate, calories burned, etc.



Upgrades

LIGHTER, SMALLER, SLIMMER



GBDH1000

GBDH2000

101g	Weight ▼ 38%	63g
55.0mm	Width ▼ 4%	52.6mm
20.4mm	Total thickness ▼ 5%	19.4mm



Major reduction in size was achieved by reducing the size of the GPS antenna, solar cell, circuit board and battery. Significant weight reduction was possible thanks to the use of a new carbon reinforced resin back as the back cover.

R&D went through a painstaking process to develop a back cover that retained shock-resistance while incorporating a heart-rate sensor.



Visit **G-SHOCK MOVE** for more info.

Technology

TECHNOLOGY FOR WORKOUTS



LIFE LOG

Use the Life Log data records to understand how active you are each day.



BREATHING EXERCISES

Provides feedback on relaxation effect after breathing exercises, but during as well.

BLOOD OXYGEN LEVEL

The optical heart rate sensor tracks the level of oxygen taken into the blood. This data can be used to manage daily health and adjust exercise load. Note: The blood oxygen level measurement function is not intended for use in diagnosing illness or as a medical device. It is intended only for use in maintaining general health.

TRAINING AND SLEEP ANALYSIS

Train efficiently and effectively with scientifically supported, highly reliable analytical results. Analysis utilizes the POLAR® library, a database that is known for heart rate-focused training analysis.

POLAR®



KEY TRAINING METRICS INCLUDE

- Running Index
- Energy Used
- Nightly Recharge™
- Cardio Load
- Cardio Load Status

*Nightly Recharge™ is a trademark owned by POLAR Electro Oy.



Design

DUAL LAYER CROSS FRAME

This new design delivers a comfortable fit and carbon reinforced resin back is uncompromisingly strong yet lightweight. Large buttons offer easy operations for users.



BIOMASS PLASTICS

Eco-friendly material, Biomass plastic, is used to make the bezel and band. Using renewable organic resources such as corn helps reduce the ecological footprint.



SOLAR ASSISTED CHARGING

Use USB charging for training functions such as GPS tracking and heart rate monitor, as well as smart functions such as notifications and step tracker. Time display is powered solely by solar charging, even when battery runs low.



MIP LCD (MEMORY IN PIXEL LCD)

Displays various detailed measurement data in high contrast for easy viewing. Customizable display for ease of use when training.



CASIO Watches App

CASIO WATCHES APP

The new Multi-Sport GBDH2000 connects to the CASIO WATCHES App where users can update watch settings and view their activity. Utilizing Polar's extensive research library, users can review detailed analysis of their training.

POLAR®



LIFE LOG

The Life Log and activity logs compiled on the GBDH2000 can be viewed in My Page. A summary is shown in a timeline. To view more details about the Life Log or activity log, tap the summary to transition to review detailed analytics.



GPS & RUNNING DATA

Now with the technology to connect to 5 satellites (GPS, GLONASS, QZSS, GALILEO and BEIDOU), the GBDH2000 accurately measures distance, speed and pace providing real-time data.

Run history will be stored on both the CASIO WATCHES app on your Smartphone and on the cloud via CASIO ID. From here users can view routes ran, distance, pace, run time, energy consumption and heart rate.

